

## Blood and Body Fluid Exposure Policy at Clinical Sites

**Owner Department:** Office of Student Affairs

**Owner:** Associate Dean of Student Affairs

**Affected Department(s) or Parties:** All enrolled students at Carle Illinois College of Medicine.

**Effective Date:** 02-23-18

**Revision Date:** 06-29-20

**Next Review Date:** 06-29-22

**Policy Number:** SWH-9

Exposure Procedures for Carle Illinois Clerkships and Electives

### I. **Methods of Prevention**

Students need to be aware of preventive measures for avoiding infectious diseases transmitted by bloodborne pathogens such as Human Immunodeficiency Virus (HIV), Hepatitis B Virus (HBV), Hepatitis C Virus (HCV), as well as body fluid exposure, such as COVID-19, during their undergraduate medical education. Accordingly, all students should be familiar with universal and standard precautions, blood and body fluid exposure procedures, and treatment available at the teaching hospitals, clinics or facilities in which clinical teaching/learning activities occur, as well as services available through the University of Illinois McKinley Health Center and/or their personal health insurance.

All students must complete required training regarding safety and environmental exposures prior to clinical experiences. Office of Students Affairs ensures students are compliant with these training requirements. If you need additional information, please contact the office of Student Affairs at [studentaffairs@medicine.illinois.edu](mailto:studentaffairs@medicine.illinois.edu).

For campus protocols for Bloodborne Pathogen Exposure Control Plan, visit <https://drs.illinois.edu/site-documents/IllinoisExposureControlPlan.pdf>.

## II. Care and Treatment after an Exposure

Immediate actions:

1. Seek first aid and initial care at the clinical location where the injury occurred and consult immediately with the supervising clinician or their designee overseeing your clinical experience for medical care.
2. Record a detailed description of the exposure (type of injury or exposure, instrument involved, type of fluid, location of injury and setting).
3. Notify key clinical personnel at the site including supervising clinician.

Actions within two hours:

1. Evaluation of risk by designated clinician which is usually occupational medicine or a trained emergency room physician for laboratory testing, treatment, referral, post exposure prophylaxis or other appropriate actions for the safety and protection of the student, and others who may be at risk.
2. Discuss with designated clinician (i.e., occupational medicine or trained emergency room physician) the recommendations for follow up and possible long-term treatment, testing, and/or referral(s).

Actions within 24 hours:

1. Notify the Office of Student Affairs of the incident and include the detailed description of the exposure. Email Dr. Danny Teraguchi at [teradani@illinois.edu](mailto:teradani@illinois.edu) or call (217) 244-6498.
2. A referral to the nearest hospital emergency department, local health clinic or to the student's physician for further diagnosis, treatment, and follow-up if needed.

You may also Dial-a-nurse (217-333- 2700) through McKinley Health Center 24 hours per day, 7 days per week, and the nurse can advise you on availability of services at McKinley.

Actions after post exposure care:

1. Any student who needs post-care treatment because of injuries and or medical conditions from pathogen exposure in a clinical setting may be eligible to apply for reasonable accommodations following the procedures outlined at: <https://www.disability.illinois.edu/applying-services>.
2. Students whose learning activity is interrupted as a result of an exposure incident, including being quarantined or infected by COVID, should contact their Clerkship Director, clerkship coordinator, Director of Curriculum and the Associate Dean for Student Affairs. The Associate Dean for Student Affairs will work with Academic Affairs and other appropriate units to facilitate the student's absence and develop an alternative educational or clinical activity in order to meet educational objectives.

## Responsibilities of faculty at clinical sites

1. Provisions for the care of students who sustain needle-stick injuries, eye splashes, cuts, burns or other exposures are to be supervised by faculty at clinical sites.
2. Carle Illinois Office of Academic Affairs is responsible for informing clinical faculty and residents about Carle Illinois' post exposure policy.

## Medical evaluation and management costs post exposure:

1. Students need to check with their personal health insurance and clinical sites policies for coverage of evaluation and, if needed, long-term care.
2. The ongoing treatment is billed to the student's insurance and may lead to out of pocket of expenses.
3. Carle Illinois will reimburse up to \$2000 of out of pocket medical expenses for counseling and post-exposure treatment for incidents within the first three days (72 hours) of exposure. Reimbursement claims must be submitted within 90 days to the Office of Student Affairs. Any additional expenses beyond \$2000 will be the responsibility of the student.
4. After 72 hours, students will be responsible for any other costs related to the incident.
5. Student's health insurance is expected to cover any additional health care costs.
6. Students will notify the Office of Student Affairs of financial issues pertaining to the pathogen exposure by emailing Dr. Danny Teraguchi at [teradani@illinois.edu](mailto:teradani@illinois.edu).
7. If Carle Illinois students have unanswered questions or need additional support, they can contact the Office of Student Affairs at 217-300-5700 during work hours (8 am to 5 pm) and after hours, email [teardani@illinois.edu](mailto:teardani@illinois.edu) or call (217) 244-6498.

## Important Numbers and Contacts at Clinical Sites

### ***Location***

All Carle locations

### ***Contact***

Occupational Health (217-383-3298, 217-383-3077)

### ***After hours***

Administrative House Officer (217-823-3001)

OSF Health Care

Emergency Department (217-337-2131)

House Supervisor (217-337-2700)

Christie Clinic

Joan Shurbet (217-366-5201)

Answering Service (217-366-1200)

Promise Health Care

Attending Physician

Answering Service (217-356-1558)

You may also Dial-a-nurse (217-333- 2700) through McKinley Health Center 24 hours per day, 7 days per week, and the nurse can advise you on availability of services at McKinley.

**Governing Body:** Executive Leadership Team

**History:**

Created: February 23, 2018

Revised: June 29, 2020

**Approved By/Date:**

Administrative- Office of Student Affairs, February 23, 2018, Revisions approved by Executive Leadership Committee, June 29, 2020